

Sheila Eason, SHRM-SCP, SPHR

Biographical Sketch

Sheila Eason is founder and CEO of Elevate People Solutions, LLC, a leadership, personal and professional development consultancy. She provides workshops and training in the areas of leadership and personal development, and diversity and inclusion. Her areas of expertise include developing and implementing HR and D&I strategies, training and development, strategic planning, executive coaching, and leadership development. Her clients include small businesses and nonprofits, government agencies, universities and healthcare organizations.

Sheila is a thoughtful, creative Human Resources and Diversity, Equity & Inclusion (DE&I) leader with more than 25 years of successful experience in helping organizations leverage its human capital to its maximum potential and foster an environment where all employees feel valued and included.

Throughout her career, Sheila has enhanced her skills as an HR professional and DE&I leader through roles of progressive responsibility held in industries such as healthcare, market research, retail, consulting, and higher education. Prior to founding Elevate People Solutions, LLC, she held several HR Executive Leadership positions.

She is a Certified Speaker, Trainer, and Coach with the John Maxwell Team. As a speaker and trainer, Sheila consistently delivers interactive and educational experiences to her audiences in order to Elevate their thinking and skills and develop transformational leaders. As a coach, she is aimed at creating awareness, generating action, and facilitating learning and growth in her clients.

Sheila holds a Master's degree in Organizational Development from Bowling Green State University. She possesses SHRM-SCP certification through the Society for Human Resource Management (SHRM) and maintains SPHR certification through Human Resource Certification Institute (HRCI).

Sheila serves on the Board of the Directions Credit Union. She is Past President of the Northwest Ohio Human Resource Association and is the current Diversity Chair. She also volunteers for several organizations in her local community.